



WINTERFEST TEEN PASSPORT

AGES
12-17

2024

THIS PASSPORT BELONGS TO:

NAME

SCHOOL

GRADE



Did you know this passport is available as a mobile app? Download the Come Alive Outside Passport from your Google and Apple stores for free. Questions? Greg@comealiveoutside.com



TABLE OF CONTENTS

ABOUT COME ALIVE OUTSIDE	4
HOW IT WORKS	5
BE HEALTHY, BE IN THE KNOW	6-7
PRIZES & SURVEY	8-11
EXPLORE YOUR COMMUNITY	7-29
WINTERFEST EVENT OVERVIEW LISTING	30-31

ABOUT

Come Alive Outside is 501c3 nonprofit based in Rutland, VT. Our mission is to bring people together to create the awareness, intention and opportunity for people to live healthier lives outside. Thank you to all of our community partners who make this passport possible!



If you have questions, please contact us:

✉ greg@comealiveoutside.com

Stay connected!

Follow us on Facebook and Instagram to share pictures, get updates and join some awesome passport contests.



comealiveoutside.com



[comealiveoutside](https://www.facebook.com/comealiveoutside)



[comealiveoutside](https://www.instagram.com/comealiveoutside)



HOW IT WORKS

1

Explore and have fun

Feb 16-25, you earn points by completing activities, you earn prizes with those points.



Be an earth caretaker and leave no trace on the trails.

2

Earn points

You start earning prizes at 10 points and there is no limit to how many prizes you earn!

3

Prizes can be redeemed at:

Human Foosball, Making Your Magical Self, and at the CAO Office 110 Merchant Row 4th Floor the Loft Feb 26 and Feb 29 10AM-6PM

4

Win a grand prize!

Visit page 8 of the passport to see how to enter the grand prize drawing!



**PARTNERS FOR
PREVENTION**

BE HEALTHY,

When you have questions or need advice who do you talk to? A parent? An aunt or uncle? A trusted teacher or coach? Growing up can be hard sometimes, and we all need someone we can rely on. When you have tough questions about alcohol, marijuana, and vapes or cigarettes don't be afraid to speak up. These questions may seem hard, but trusted adults will take the time to give you the best advice. Be in the know and make the healthiest choices.



BE IN THE KNOW

Did you know that your brain is still growing and making new connections until you are 25 years old?! As your brain is developing, the use of alcohol, marijuana, and nicotine can have a negative impact on your growth. Drinking alcohol can make learning new things more difficult, and if you start drinking before age 21 you are much more likely to develop a drinking problem later in life. Marijuana can cause permanent IQ loss when starting at a young age and is directly linked to depression and anxiety. The nicotine found in vapes and cigarettes is highly addictive and can affect your learning, mood, and emotions. Make smart, healthy choices this summer, and don't be afraid to ask questions about alcohol, marijuana, and nicotine.

Parents, for more information check out these great resources:

- 1 partnersforprevention802.org
- 2 parentupvt.org
- 3 asklistenlearn.org/parents



GRAND PRIZE DRAWING

For a chance to win the **GRAND PRIZE**, fill out the survey on the following pages.

Bonus: If you completes the survey when you are at one of the prize centers, show your completed survey to the staff and get another prize!

\$100

**AMAZON
GIFT CARD**

\$75

**TJX MULTI-BRAND
GIFT CARD**

\$50

**WAL-MART
GIFT CARD**

PRE QUESTIONS

☐ Less than 1 hour per week ☐ 5-10 hours per week
☐ 1-3 hours per week ☐ 10+ hours per week
☐ 3-5 hours per week

☐ Less than 1 hour per week ☐ 5-10 hours per week
☐ 1-3 hours per week ☐ 10+ hours per week
☐ 3-5 hours per week

☐ School
 ☐ Radio
☐ Flyer
 ☐ Social Media,
☐ Friend
 ☐ Youtube
☐ Family
 ☐ Other_____

☐ Yes ☐ No

2

POST QUESTIONS

What makes you want to attend an event?

- | | |
|--|-------------------------------------|
| <input type="checkbox"/> No idea | <input type="checkbox"/> Sounds Fun |
| <input type="checkbox"/> Free Food | <input type="checkbox"/> Free/Cost |
| <input type="checkbox"/> Friends are Going | <input type="checkbox"/> Other_____ |

Did an adult encourage or support you in attending Winterfest activities?

- ☐ Yes ☐ No

Do you think there should be a space for teens that is open year round?

- ☐ Yes ☐ No

Who did you attend Winterfest Events with?

- | | |
|----------------------------------|-------------------------------------|
| <input type="checkbox"/> Alone | <input type="checkbox"/> School |
| <input type="checkbox"/> Friends | <input type="checkbox"/> Other_____ |
| <input type="checkbox"/> Family | |

Check off all the things you felt at Winterfest?

- | | |
|-----------------------------------|---------------------------------------|
| <input type="checkbox"/> Happy | <input type="checkbox"/> UnSafe |
| <input type="checkbox"/> Safe | <input type="checkbox"/> Not Included |
| <input type="checkbox"/> Included | <input type="checkbox"/> Unhappy |
| <input type="checkbox"/> Bored | |

**Please return to: Come Alive Outside
PO Box 267, Rutland, VT 05702**

REDEEMABLE PRIZES

CAO AND WINTERFEST STICKER

10 Points



HAND WARMERS

20 Points



GIGANTIC ORANGE CAO BEVERAGE MUG

30 Points



WINTERFEST BEANIE!

40 Points



LIGHT UP VIKING HELMET

50 Points





EXPLORE YOUR COMMUNITY





FEB 16 • 4-6 PM
THE MINT POP-UP STORE | 53 MERCHANTS ROW

MAKE YOUR OWN SHIELD WORKSHOP

Create an awesome shield to protect yourself from goblins, orcs, little brothers and sisters, flying tomatoes, etc.

Visit Wonderfeet Kids' Museum afterward and use your shield at the Black Light Nerf Battle Pizza Dance Party at 6 pm.





FEB 16 • 6-8 PM
WONDERFEET KIDS' MUSEUM | 66 MERCHANTS ROW

BLACK LIGHT NERF BATTLE PIZZA DANCE PARTY

Eat Pizza, Battle with Nerf stuff, and boogie to the tunes of DJ Brett under a black light. Glow items encouraged. This event is free and for ages 12-18.

To get points find the "magical creature" and scan the QR code they have or get the Secret Code from them. Write it below:

— — — —



FEB 17 • 10 AM-2 PM
MAIN STREET PARK | 5 SOUTH MAIN STREET

TEEN CHILL-ZONE WITH DJ BRETT

Head to Main Street Park @ 5 South Main St.
from 10-2 pm and you can take a break from
the Chili Cook-Off and Snow Sculpting in the
Chill Zone. DJ Brett will bring the party.

To get points find the "magical creature" and scan the QR
code they have or get the Secret Code from them. Write it
below:

— — — —



FARM & WILDERNESS

Summer Camps & Conservation



GET OUTSIDE
ALL TOGETHER

FEB 18 • 10 AM

PINE HILL PARK | 2 OAK ST EXT

G.O.A.T. HIKE @ PINE HILL PARK

Join us for a G.O.A.T. (Get Outside All Together) Winter Hike at Pine Hill Park, With Farm & Wilderness! Wear warm clothes and good shoes for this trek. Open to School-aged kids and their caregivers, ages 5-18.





FEB 19 • 11:00 AM-1:00 PM
PINE HILL PARK | 2 OAK ST EXT

WINTER SURVIVAL SKILLS FOR KIDS 10+

Weather is no joke in Vermont. Learning some essential winter survival skills can be the difference between life and death or 10 toes and 9 toes. Join local Fish and Wildlife Specialist Joel Flewelling for this fun and useful workshop. The event is free but registration is appreciated so we know how many to prepare for.





FEB 19 OR 21 • 5:30-7:30 PM
MARBLE VALLEY KITCHEN - DELI & CATERING
36 KILLINGTON AVE

10
Points

TEEN DINING CLUB

Just because you're a teen doesn't mean you can't enjoy a fancy dinner. Marble Valley Catering is preparing a delicious meal for you and a friend! Pre-registration is **REQUIRED** as seats are limited, but this meal is on us! Dress however you'd like.

Please pre-register to reserve your spot on Come Alive Outside's website at www.comealiveoutside.com.

What were your
3 favorite things
from the dinner?



FEB 19 • 6-8 PM
THE BOYS & GIRLS CLUB | 71 MERCHANTS ROW

VIDEO GAME TOURNAMENT

Head to The Boys & Girls Club @ 71 Merchant's Row from 6-8pm to see who's the best video game player in Rutland County. It could be you! Join the free video game tournament at the Boys & Girls Club and see how you stack up. Bring your controller if you want. There are multiple systems and games available for ages 13-18.

Pre-registration is requested and can be completed through Come Alive Outside's website at www.comealiveoutside.com.





FEB 20 • 1-3 PM
GREEN MOUNTAIN CLIMBING CENTER
223 WOODSTOCK AVE

ROCK CLIMBING FOR TEENS

Reach new heights at the Green Mountain Climbing Center when you join Come Alive Outside for free rock climbing! If you're new to climbing, that's okay. If you rock climb like a pro that's okay, too. Lessons and gear are provided. For ages 12-18

*Please pre-register to reserve
your spot on Come Alive
Outside's website at
www.comealiveoutside.com.*





FEB 20 • 5:30-8:00 PM
CENTER STREET | DOWNTOWN RUTLAND

CENTER STREET SLEDDING!

Let's go sledding! Glide down Center Street in downtown Rutland during this special event. Sledding is weather-dependent, so stay tuned for updates on our website and social media pages. Free, no tickets required.





2nd Annual Great BIGFOOT Chase

FEB 21 • 10:00 AM-4:00 PM
RUTLAND FREE LIBRARY | 10 COURT STREET

THE GREAT BIGFOOT CHASE



Scientists at the Rutland Free Library believe they are close to finally securing the evidence they need to prove the existence of Bigfoot in Downtown Rutland but they need your help! Are you willing to risk it all to help the community reach this milestone of scientific achievement? Stop by the library at your registered start time to grab your expedition pack before we send you out into the city. Don't forget your warm clothes for this trek through town. Follow the clues, collect evidence, and, most importantly, stay safe. Can you make it back to the lab?



Please pre-register to reserve your spot on Come Alive Outside's website at www.comealiveoutside.com.



FEB 22 • 11:30 AM-1 PM
MAIN STREET PARK | 5 SOUTH MAIN STREET

LGBTQ+ FRIENDS AND ALLIES CAMP COOKING

Let's make some food over a fire! Outdoor enthusiasts and professional campers Sam Green and Adair Arbor will show you how to make potato boats over an open flame with s'mores for dessert! Open to LGBTQ+ teens and allies. Warm clothing is encouraged!





FEB 22 • 2:30-4:30 PM
CENTER STREET MARKET PLACE
52 WASHINGTON STREET

HUMAN FOOSBALL TEEN TOURNAMENT

Let's go teens! Come play a giant Human Foosball game in Center Street Marketplace Park as part of Rutland's Winterfest! Bring warm clothes so you can stay and hang out in the park to cheer on the other teams. Join the free Teen Tournament from 2:30 pm-4:30 pm. Stay for the tournament for adult teams from 5:30-8:30 pm.

Please pre-register to reserve your spot on Come Alive Outside's website at www.comealiveoutside.com.





FEB 22 • 5:30-8:30 PM

**CENTER STREET MARKET PLACE
52 WASHINGTON STREET**

HUMAN FOOSBALL TOURNAMENT

Come watch a giant foosball tournament in Center Street Marketplace Park as part of Rutland's Winterfest! If you didn't play in the Teen Tournament, dress warmly and come down to hang out with friends and cheer on the adult teams from 5:30 to 8:30 pm.





FEB 23 • 1:30-4:00 PM
CHAFFEE ART CENTER | 16 SOUTH MAIN ST

TEEN BIGFOOT PAINTING

Teens join the Chaffee for the FREE & fun time at 1:30 pm for snacks before the class starts at 2 pm. Then paint Bigfoot as part of Rutland's WINTERFEST 2024! Attendees follow along with an instructor and leave with a finished acrylic painting.





Skate with **BIGFOOT**

FEB 23 • 6:30-8:00 PM
GIORGETTI ARENA | 2 OAK ST EXT

FREE SKATE WITH BIGFOOT

Head to Giorgetti Arena on the Oak Street extension From 6:30-8p to skate with the big man himself! This event is free as part of Winterfest and includes free skate rentals!





FEB 25 • 1:00-4:00 PM
DEPOT PARK | 49 EVELYN STREET

MAKING YOUR MAGICAL SELF



The Daydreamers of Rutland are awake and now it's time to begin building who they want to be in this exciting new world! Will you be someone who helps two feuding ice creatures find peace or maybe you will use your wits to track down Bigfoot. The point is that the possibilities are as vast as dreaming

Join the staff of "Waking Rutland" to create your magical self, meet some interesting characters, and start to figure out who you want to be.

"Waking Rutland" is an interactive story that places you at the center of a story filled with imagination, community, and of course Bigfoot. Ages 12-18 but older Daydreamers are ALWAYS welcome!



**DRAW A SCENE OF YOUR FAVORITE
PART OF WINTERFEST, OR DRAW
HOW YOU SEE YOUR MAGICAL SELF**



Rutland WINTERFEST FAMILY EVENTS

FEB 16-25
2024



For complete list of Winterfest activities and more details, visit comealiveoutside.com/winterfest or scan the QR code.

FRI, FEB. 16

- **LOVE LETTERS TO TOWN**
- **MAKE YOUR OWN SHIELD WORKSHOP**
- **BLACK LIGHT NERF BATTLE PIZZA DANCE PARTY WITH DJ BRETT MYHRE**

SAT, FEB. 17

- **FOOD TOUR WITH VERMONT FARMERS MARKET**
- **SNOW SCULPTING COMPETITION**
- **CHILI COOK-OFF**
- **TEEN CHILL-ZONE WITH DJ BRETT MYHRE**
- **WINTERFEST STORY WALK**
- **OWLS OF VERMONT PRESENTED WITH THE SOUTHERN VERMONT NATURAL HISTORY MUSEUM**
- **WINTERTASTIC STORYTIME & BOOKMARK CRAFT DAY**

SUN, FEB. 18

- **"A SINGLE CANDLE CAN LIGHT THOUSANDS": A COMMUNITY VOW RENEWAL WRITING WORKSHOP & CEREMONY**
- **G.O.A.T. (GET OUTSIDE ALL TOGETHER) HIKE**

MON, FEB. 19

- **WINTER SURVIVAL SKILLS FOR KIDS WITH SURVIVOR MAN JOEL FLEWELLING**
- **TEEN DINING CLUB**
- **VIDEO GAME TOURNAMENT**





Rutland WINTERFEST FAMILY EVENTS

FEB 16-25
2024



For complete list of Winterfest activities and more details, visit comealiveoutside.com/winterfest or scan the QR code.

TUES, FEB. 20

- **PJS AT THE PARAMOUNT**
- **WINTERTASTIC STORYTIME & BOOKMARK CRAFT DAY**
- **TEEN ROCK CLIMBING**
- **CENTER ST NIGHT SLEDDING**
- **COLOR AWAY YOUR WINTER BLUES**

WED, FEB. 21

- **THE GREAT BIGFOOT CHASE**
- **WONDERFEET WEDNESDAY**
- **TEEN DINING CLUB**

THURS, FEB. 22

- **LGBTQ+ FRIENDS AND ALLIES CAMP COOKING**
- **HUMAN FOOSBALL**

FRI, FEB. 23


- **TEEN BIGFOOT PAINTING AT THE CHAFFEE ART CENTER**
- **MINDFUL BODY INCLUSIVE SNOWSHOE**
- **FREE SKATE WITH BIGFOOT**

SAT, FEB. 24

- **FOOD TOUR WITH VERMONT FARMERS MARKET**
- **LOVED ONES AND LITTLE ONES WINTER DANCE**

SUN, FEB. 25

- **MAKING YOUR MAGICAL SELF**

A cartoon illustration of a blue yeti with a friendly expression, holding a light blue sign with a green border. The yeti has white eyebrows, black eyes, and a wide smile showing small teeth. It has large, dark brown feet and is standing on a snowy ground. The background is a winter scene with snow-covered evergreen trees and a blue sky with falling snow.

**THIS EVENT IS PARTIALLY FUNDED BY THE
REGION 2 VPLO STATE GRANT THROUGH
THE VERMONT DEPARTMENT OF HEALTH,
DIVISION OF SUBSTANCE USE**