



**COME ALIVE[®]
OUTSIDE**

BARRE
WINTER
PASSPORT
2026



THIS PASSPORT BELONGS TO:

NAME

SCHOOL

GRADE



Can you find all 5 snowflake icons
scattered throughout this passport?



Download on the
App Store

Explore the **FREE**
Come Alive Outside
Digital Passport app!



GET IT ON
Google Play

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ABOUT



Come Alive Outside is a 501c3 nonprofit based in Rutland, VT. Our mission is to bring people together to create the awareness, intention and opportunity for people to live healthier lives outside. Thank you to all of our community partners who make this passport possible!

If you have questions, please contact us at:


✉ Samantha@comealiveoutside.com

Stay connected!

Follow us on Facebook and Instagram to share pictures and get updates!

 comealiveoutside.com

 [comealiveoutside](https://facebook.com/comealiveoutside)

 [comealiveoutside](https://instagram.com/comealiveoutside)

HOW IT WORKS

1

Explore and have fun!

Passport dates January 19th, 2026 - March 31st, 2026

2

Earn points with every activity and adventure!

3

Tally your points, complete the Passport Survey at the end of this booklet and win an exclusive invitation to the Scavenger Hunt of the Century!

With over \$1000 in prizes, you won't want to miss this! Electric Scooter, Forest Fort, Rad Raft, Amazon Gift Cards and much more!



BONUS: Rack up the most points and unlock a mystery surprise! Trust us....it won't disappoint!



5 POINTS
EACH

MAKE YOUR OWN ADVENTURE

The following pages are full of activities you can
do in your own yard, neighborhood or home!

Bird Feeder Bonanza

Craft a birdfeeder with a
pine cone, peanut butter
and seeds! No pinecone, no
problem, alternatively you
can use a paper towel roll!



Scan the QR code
for instructions!



BONUS +1: Watch over the next week.

How many birds did you spot? _____

EXPLORER CHALLENGE +2: _____

Can you name some of the
birds you spotted? _____

Winterville

Create your own miniature town with buildings and roads. Use snow, mud, twigs, leaves, or anything you find outside!

BONUS +1: Name Your Town

EXPLORER CHALLENGE +2:

Make up a story about your town and share it with someone special!

☐ Mark complete



Snow Stew

Head outside with a big pot or bowl and whip up your own outdoor stew using leaves, twigs, snow, and anything else you find! Remember this stew is for stirring, not for eating!

BONUS +1: Name Your Stew

EXPLORER CHALLENGE +2:

Identify what plants and trees your ingredients came from!

☐ Mark complete

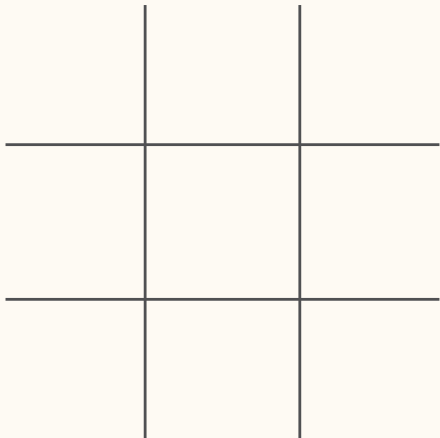


Yucky Day

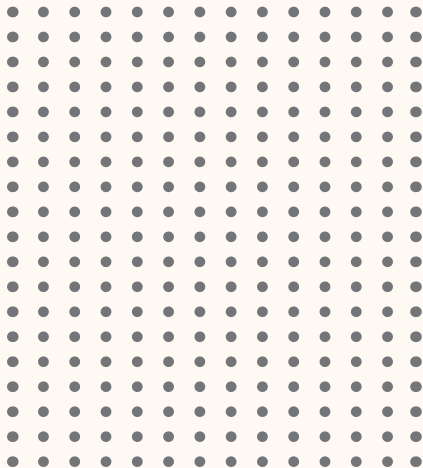
Is the weather yucky today? Enjoy these old school indoor games.

BONUS +1: Make Up Your Own Game. Draw or Describe it in the free space below.

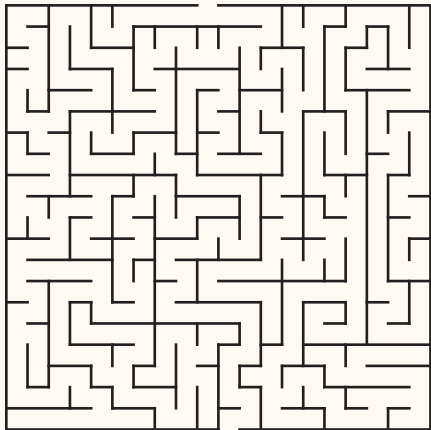
Tic Tac Toe



Dot Game




Maze



Free Space

Royal Snow Roll

Form a snowball and roll it through your snowy kingdom. Continue the quest and keep rolling to see how mighty your snow boulder becomes! Snap a photo and share your royal masterpiece with us!

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BONUS +1: Make a crown of twigs and leaves to decorate your royal masterpiece.

 Mark complete



Operation Kindness

Do something kind for family, friend or fellow human. Take out a neighbor's trash, shovel a sidewalk, walk a dog (with permission), or bring a friend or neighbor a sweet treat!

BONUS +1: Pass it on! Challenge a friend or family member to do something kind too, have them pledge with their signature below.





5 POINTS
EACH

INVESTIGATE LOCAL PARKS


**On the following pages you will find some
fun playgrounds and curious paths.
Remember, all Vermont State Parks are free
in the winter, so go out and explore!**




**SEE VT STATE PARK'S WINTER
ACTIVITIES, ACCESS & PARKING**

Hike & Say Cheese!

Snap a photo on your hike
and send it our way! Your
photo could be the next
Passport cover! Post your
photo and tag us online for a
special prize!

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Vine St. Park

26 Vine Street, Barre, VT

Zoom down the colorful slide at Vine Park—where every slide feels like riding a rainbow!



Wobby Park

Olliver St, Barre VT

Every step feels a little lighter, making this Barre park perfect for everyday play.



Nativi Playground

197 River Street, Barre VT

Where every giggle bounces higher, and the fun flows as freely as the river next door!



Millstone Hill West Path

70 Websterville Road, Barre, VT

2.4 Miles

 **Wheelchair Accessible**

Every turn winds you through historic granite quarries, where the landscape tells a story.



Cow Pasture Short Loop

Maplewood Ave Barre, VT

.08 Mile

 **Wheelchair Accessible**

A moderate trek through the Barre Forest where scenic views and curious wildlife make every step worth it.



South Barre Path

Fairview St. Barre to
Bridge St. S Barre

1 Mile

 **Wheelchair Accessible**

Bundle up and enjoy this accessible path, offering an easy winter walk though Barre's familiar landmarks.





Millstone Trails - The Grand Lookout!

INITIAL WHEN DONE

*Parking - 44 Brook Street,
Websterville, VT*

Follow this 2.2 mile Millstone Trail up to the Grand Lookout and take in the land that helped carve Barre's history. Long ago, it helped shape the city and today it invites you to learn and explore. Be sure to check out all the beautiful carvings at the top!

BONUS +1: Pick your favorite carving and describe or draw it below!



Moonlight Magic!

Guided snowshoeing under the light of a full moon on the Millstone Trails. Bring warm layers, snow shoes, a headlamp or torch and your sense of adventure. Enjoy the glow of moonlight, and experience the trails in a whole new way. Snacks provided!

**Saturday January 31 and
February 28 at 6pm!**

*Meet at Millstone Garage
44 Brook Street, Websterville, VT*

INITIAL WHEN DONE





5 POINTS
EACH

DISCOVER LOCAL FOODS

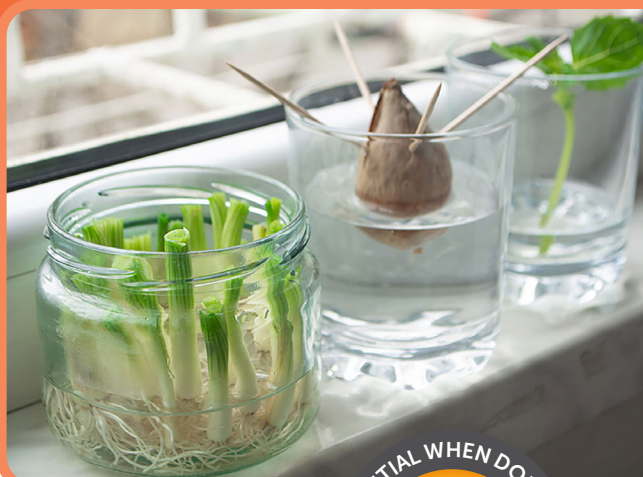
Check out the farmer's markets and other food activities on the next pages. Vermont is a great place to discover fun foods!

From Scraps to Sprouts

Don't toss it — grow it!
Use leftover veggies,
like green onion, lettuce
or celery to start a tiny
indoor garden. Nature
loves a second chance.

BONUS +1:

Which of your sprouts
grew fastest?



INITIAL WHEN DONE



Sense-sational Snacks

Whether at the farmers market, local grocery store or food shelf, pick out a fruit or veggie you have never tried before. Tell us what it was and rate it Yuck or Yum!

☐ Yuck ☐ Yum



BONUS +1: Use your senses, how did it taste, feel, sound and smell?

Taste: _____

Feel: _____

Sound: _____

Smell: _____

Sugar On Snow

Sugar on the snow is a fun winter treat! Collect clean snow in a bowl and keep it cold. Heat pure maple syrup in a pot until bubbly (*grown-ups should help with this part*). Drizzle the hot syrup over the snow to make chewy candy strips. Use a stick or spoon to pick them up and enjoy right away. Remember to clean up after and talk about how maple syrup is made from tree sap—it's like magic!



Farm Fresh Finances

Shopping within a budget can be a challenge, are you up to the task? Stop by the market Managers Booth with your passport to pick up your free \$5 token. Walk through the market and pick out some fresh foods. Use your budget form to jot down what you chose and what it cost. Need ideas? Check out the recipes on the next page!



Barre Farmers Market
105 N. Main St • 2nd & 4th Wednesdays • 3:30- 6:30PM

ITEM	COST

Sponsored by





Apple Pie Overnight Oats



Ingredients

- 1 cup rolled oats*
- 1 teaspoon cinnamon
- ¼ cup diced apples*
- 1 ½ cups milk*
- ½ cup Greek yogurt*
- 2 tablespoons maple syrup

* = WIC eligible food

Mix ingredients together in a bowl. Divide into two mason jars or any bowls with airtight lids. Add additional yogurt and the toppings of your choice. Add the lids and store in the refrigerator overnight. Enjoy in the morning. Mix it up - try with carrots, berries or your favorite fruit!



Banana Popsicles

Ingredients

- Vanilla yogurt*
- 3-4 bananas*

Toppings

- Cereal*
- Diced fruit*
- Sprinkles
- Chopped nuts
- Chocolate chips

* = WIC-eligible food



Peel and cut bananas in half. Put a popsicle stick in the center of the banana half. Dip into yogurt, coat with the toppings of your choice. Use your imagination! Freeze for 1 hour and serve.

WIC provides healthy food, nutrition education, lactation support and community resources for eligible Vermont residents who are pregnant, breastfeeding/chestfeeding or have a child under age 5. Automatic income eligibility with Medicaid or 3Squares participation.

Call Barre WIC at 802-479-4200, HealthVermont.gov/WIC or scan the QR code to apply. This institution is an equal opportunity provider.





5 POINTS
EACH

EXPLORE YOUR COMMUNITY

Get curious and explore some great places and activities in your community.

Downtown Spotlight - Stop & Smell The Flowers

Step inside Emslie's and let a little color brighten your day! Flowers have a way of lifting spirits, especially in winter. Ask the staff about their favorite winter flower. Do you have a favorite?

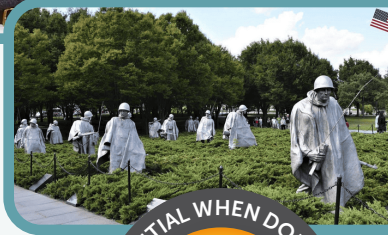
BONUS +1: Take a photo with their new outdoor mural! Tag us on social media or email your photo to samantha@comealiveoutside.com and win a special gift!



Emslie The Florist & Gifts
260 North Main St.
Suite 20, Barre, VT
emslietheflorist.com

Hometown Heroes

Frank Gaylord was a talented Barre artist who loved turning stone into powerful stories, bringing the city’s famous granite to life. Later, his skills helped him create some of the most meaningful sculptures in the country, like the powerful soldier statues at the Korean War Veterans Memorial in Washington, D.C. Frank Gaylord reminds us that creativity, hard work, and small-town roots can leave a lasting mark on the world! You don’t have to go to Washington, D.C. to find Frank Gaylord’s roots, they’re carved right into Barre’s stone. Take a stroll through Hope Cemetery and see if you can spot his work!



Hometown Heroes Part 2

Who are YOUR Hometown Heroes? Collect signatures from the everyday heroes who make your world brighter!



Teacher: _____



Police Officer: _____



Firefighter: _____



Mail Carrier: _____



Your hero: _____
Who is this?

Local Library Leap

Hop over to your local library and discover something new! Ask the librarian or library staff, "How many toes do you have?"

Write the number here: _____

BONUS +1: Check out a book!

☐ Mark complete

EXPLORER CHALLENGE +2:

Describe the book below in 1 sentence!



Little But Legendary

A miniature mission, with a big personality. Build your tiniest, silliest, or most creative mini snowperson, snap a photo and send it to Barre Town Rec (gnorwood@barretown.org) for the chance to have your frosty friend featured in local media. Visit Barre Town Rec on Facebook for more info!



 [BarreTownParksandRec](#)

Barre City Rec - Alumni Hall
Washington Room - 20 Auditorium Hill Barre, VT
802-476-0257
reccoordinator@barrecity.org
Ages 8yrs +

Join us for a fun, family-friendly afternoon of paint and mocktails led by a local artist! Space is limited. Cost is covered by CAO when you present your passport. RSVP Today!

**Please have Rec Staff initial this one.*



Barre On Ice

Barre Outdoor Recreation - Ice Arena
25 Auditorium Hill
Barre, VT

Lace up and enjoy some fun on the ice at Public Skate every Sunday from 3-4PM! An all-ages skate filled with winter fun, movement, and community connection. Skates required, but fun is guaranteed!

Special Valentines Day Skate -
Saturday, February 14th - 3:00-4:30PM
Skate your heart out!

Enjoy one free skate on Come Alive Outside, simply present your passport! Limited skates available!



**Please have Rec Staff initial this one.*

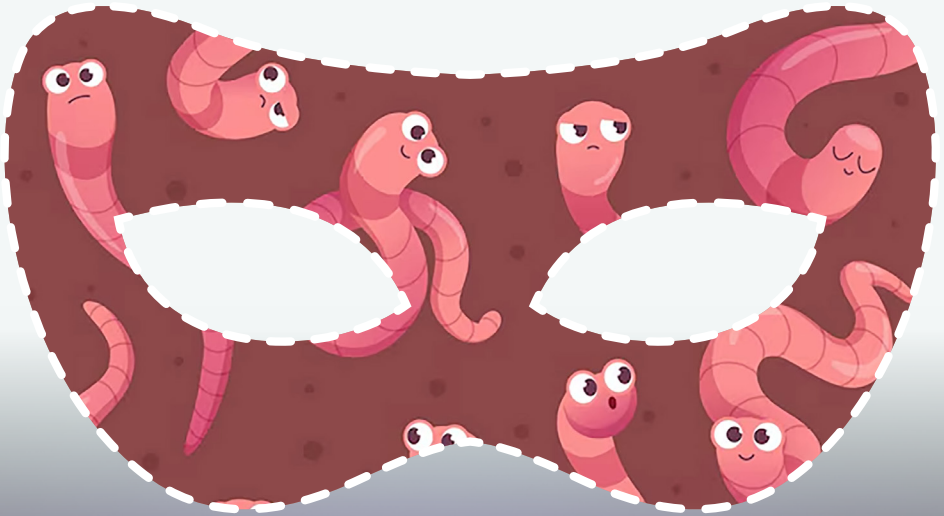
Moon Mask!

Snip, mask, and moon-gaze! Cut out your snow-themed eye mask and look up at the Snow Moon on February 1. Save your mask and flip it around to use again during the Worm Moon on March 3.



Worm Mask!

Snip, mask, and moon-gaze! Cut out your worm mask and look up at the Worm Moon on March 3.



FINAL COUNTDOWN

Now it's time to tally up your points!

MAKE YOUR OWN ADVENTURE

INVESTIGATE LOCAL PARKS

DISCOVER LOCAL FOODS

EXPLORE YOUR COMMUNITY

TOTAL POINTS:

FINAL CHALLENGE

You've explored, discovered, adventured and now there's just one more step! Scan the QR code to complete the **PASSPORT SURVEY** and score a special invite to the Scavenger Hunt of the Century!



With **OVER \$1000 IN PRIZES**, this is an event you don't want to miss! Electric Scooter, Forest Fort, Rad Raft, Amazon Gift Cards, and more! Come Alive Outside on a whole new level.

BONUS: Rack up the most points and unlock a mystery surprise — and yes, it's absolutely worth it!

THANK YOU SPONSORS

