



**COME ALIVE[®]
OUTSIDE**

RUTLAND COUNTY
WINTER
PASSPORT
2026



THIS PASSPORT BELONGS TO:

NAME

SCHOOL

GRADE



Can you find all 5 snowflake icons scattered throughout this passport?



Download on the
App Store

Explore the **FREE**
Come Alive Outside
Digital Passport app!



GET IT ON
Google Play

TABLE OF CONTENTS

About/ How It Works 4

Make Your Own Adventure 5-8

Investigate Local Parks 9-12

Discover Local Foods 13-16

Explore Your Community 17-22

Final Countdown/Challenge 23



ABOUT



Come Alive Outside is a 501c3 nonprofit based in Rutland, VT. Our mission is to bring people together to create the awareness, intention and opportunity for people to live healthier lives outside. Thank you to all of our community partners who make this passport possible!

If you have questions, please contact us at:


✉ Samantha@comealiveoutside.com

Stay connected!

Follow us on Facebook and Instagram to share pictures and get updates!

 comealiveoutside.com

 [comealiveoutside](https://facebook.com/comealiveoutside)

 [comealiveoutside](https://instagram.com/comealiveoutside)

HOW IT WORKS

1

Explore and have fun!

Passport dates January 19th, 2026 - March 31st, 2026

2

Earn points with every activity and adventure!

3

Tally your points, complete the Passport Survey at the end of this booklet and win an exclusive invitation to the Scavenger Hunt of the Century!

With over \$1000 in prizes, you won't want to miss this! Electric Scooter, Forest Fort, Rad Raft, Amazon Gift Cards and much more!



BONUS: Rack up the most points and unlock a mystery surprise! Trust us....it won't disappoint!



5 POINTS
EACH

MAKE YOUR OWN ADVENTURE

The following pages are full of activities you can
do in your own yard, neighborhood or home!

Bird Feeder Bonanza

Craft a birdfeeder with a
pine cone, peanut butter
and seeds! No pinecone, no
problem, alternatively you
can use a paper towel roll!



Scan the QR code
for instructions!



BONUS +1: Watch over the next week.

How many birds did you spot? _____

EXPLORER CHALLENGE +2: _____

Can you name some of the
birds you spotted? _____

Winterville

Create your own miniature town with buildings and roads. Use snow, mud, twigs, leaves, or anything you find outside!

BONUS +1: Name Your Town

EXPLORER CHALLENGE +2:

Make up a story about your town and share it with someone special!

☐ Mark complete



Snow Stew

Head outside with a big pot or bowl and whip up your own outdoor stew using leaves, twigs, snow, and anything else you find! Remember this stew is for stirring, not for eating!

BONUS +1: Name Your Stew

EXPLORER CHALLENGE +2:

Identify what plants and trees your ingredients came from!

☐ Mark complete

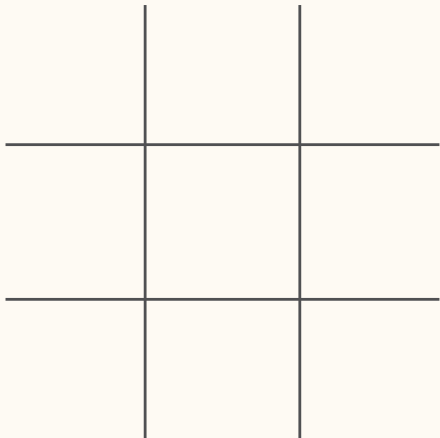


Yucky Day

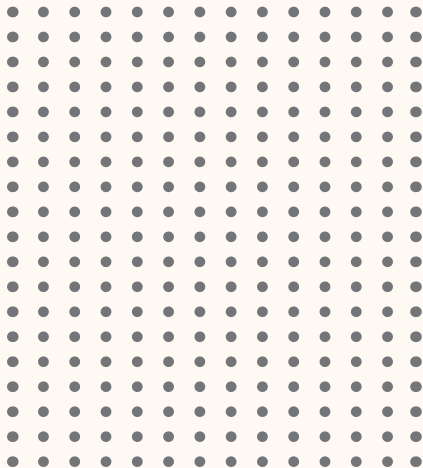
Is the weather yucky today? Enjoy these old school indoor games.

BONUS +1: Make Up Your Own Game. Draw or Describe it in the free space below.

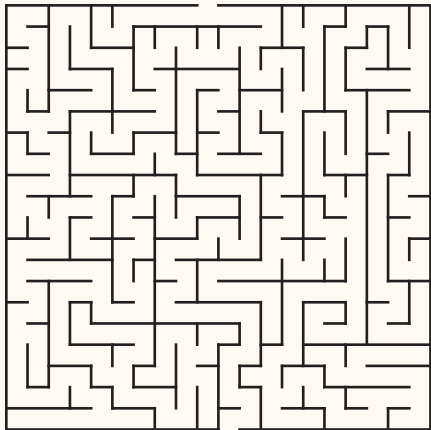
Tic Tac Toe



Dot Game




Maze




Free Space

Royal Snow Roll

Form a snowball and roll it through your snowy kingdom. Continue the quest and keep rolling to see how mighty your snow boulder becomes! Snap a photo and share your royal masterpiece with us!

 [comealiveoutside](#)

 [comealiveoutside](#)

BONUS +1: Make a crown of twigs and leaves to decorate your royal masterpiece.

 Mark complete



Operation Kindness

Do something kind for family, friend or fellow human. Take out a neighbor's trash, shovel a sidewalk, walk a dog (with permission), or bring a friend or neighbor a sweet treat!

BONUS +1: Pass it on! Challenge a friend or family member to do something kind too, have them pledge with their signature below.





5 POINTS
EACH

INVESTIGATE LOCAL PARKS


On the following pages you will find some
interesting trails in Rutland County.
Remember, all Vermont State Parks are free in
the winter, so go out and explore!




SEE VT STATE PARK'S WINTER
ACTIVITIES, ACCESS & PARKING

Hike & Say Cheese!

Snap a photo on your hike
and send it our way! Your
photo could be the next
Passport cover! Post your
photo and tag us online for a
special prize!

 [comealiveoutside](#)

 [comealiveoutside](#)



Hubbardton Battlefield Trail

5696 Monument Hill Road
Hubbardton, VT

.5 Miles

This is the location of the only Revolutionary War fought in VT. Check out the Monument.



Calvary Cemetery

150 Meadow Street, Rutland, VT

.25 Miles

Calvary Cemetery becomes a quiet winter landscape where you can spot the historic stonework that marks some of Rutland's earliest immigrant families.



Whipple Hollow Trails

3600 Whipple Hollow Road
West Rutland, VT

.25 Miles

A magical boardwalk trail through one of Vermont's few true Northern White Cedar swamps.



West Rutland Marsh

Water St, West Rutland, VT

.2 Miles

 **Wheelchair Accessible**

Winter reveals the marsh's secrets: clearer views of the landscape, fresh animal signs, and the peaceful beauty of a frozen wetland at rest.



Thundering Brook Falls

2295 River Rd Fork, Killington, VT

.5 Miles

 **Wheelchair Accessible**

This trail includes one of VT's tallest waterfalls cascading 125-140 feet which you can admire from one of VT's oldest accessible boardwalk trails.

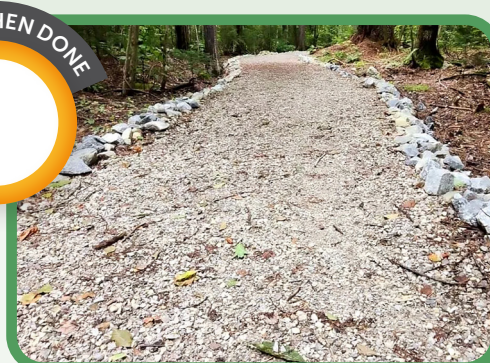


The Tamarack Notch Trail

Notch Rd, Mendon VT

.5 Miles

Located in The Aitken State Forest, this trail follows an old loop road that was part of the Civilian Conservation Corps camp and later a Girl Scout Camp.



Story In The Woods


Head into the woods and explore these ongoing story adventures:


- Wallingford Book Path at Homer Stone Meadow Park
- Rutland CAO Forest Tale at Pine Hill Park - Lower Giorgetti Trail
- Middletown Springs Library Book Walk at the library & elementary school



Be A Trail Keeper

Take a garbage bag and work gloves on one of your trail walks and pick up any trash you see. Thank you for keeping trails safe and clean for wildlife! Share a photo of your favorite trail. Tag us on social media or email your photo to samantha@comealiveoutside.com and win a special gift!

 [comealiveoutside](#)

 [comealiveoutside](#)





5 POINTS
EACH

DISCOVER LOCAL FOODS

Check out the farmer's markets and other food activities on the next pages. Vermont is a great place to discover fun foods!

Maple Sugar Open House Day

Vermont Maple Open House Weekend. Join CAO at the Baird Farm open house on Baird Farm Rd., N. Chittenden, VT on March 21st & 22nd 10AM-4PM.
www.bairdfarm.com

GET A STAMP



**BAIRD
FARM**
FOUNDED 1618



Sense-sational Snacks

Whether at the farmers market, local grocery store or food shelf, pick out a fruit or veggie you have never tried before. Tell us what it was and rate it Yuck or Yum!

☐ Yuck ☐ Yum



BONUS +1: Use your senses, how did it taste, feel, sound and smell?

Taste: _____

Feel: _____

Sound: _____

Smell: _____

Sugar On Snow

Sugar on the snow is a fun winter treat! Collect clean snow in a bowl and keep it cold. Heat pure maple syrup in a pot until bubbly (*grown-ups should help with this part*). Drizzle the hot syrup over the snow to make chewy candy strips. Use a stick or spoon to pick them up and enjoy right away. Remember to clean up after and talk about how maple syrup is made from tree sap—it's like magic!



Farm Fresh Finances

Shopping within a budget can be a challenge, are you up to the task? Stop by the market Managers Booth with your passport to pick up your free \$5 token. Walk through the market and pick out some fresh foods. Use your budget form to jot down what you chose and what it cost. Need ideas? Check out the recipes on the next page!



Rutland Farmers Market | 251 West St. | Every Sat. 10AM - 2PM

ITEM	COST

Sponsored by





Winter Egg-in-a-Hole

Cut a holiday shape in a slice of bread, Put bread in a pan with a little butter or oil. Crack an egg into the shape (optional: add a little chopped spinach for color and extra nutrition). Cover the pan and cook until the egg is set. Serve warm, and decorate with your favorite veggies.

Ingredients

- 1 slice of whole grain bread*
- 1 egg*

Topping Options

- Bell pepper*
- Spinach*
- Carrot*
- Tomato*

- Cucumber*
- Radish*
- Avocado*

* = WIC-eligible food



Build-a-Snowman Snack

Ingredients

- A snowy spread: cream cheese or Greek yogurt*
- Rice cakes

Winter Face Toppings

- Blueberries*
- Strawberries*
- Banana*,
- Mini chocolate chips

* = WIC-eligible food



Cover the rice cake with your snowy spread. Arrange fruit to make eyes, a carrot nose, buttons, or even a hat. Make a snowman — or invent your own winter character!

WIC provides healthy food, nutrition education, lactation support and community resources for eligible Vermont residents who are pregnant, breastfeeding/chestfeeding or have a child under age 5. Automatic income eligibility with Medicaid or 3Squares participation.

Call Rutland WIC at 802-786-5811, HealthVermont.gov/WIC or scan the QR code to apply. This institution is an equal opportunity provider.





5 POINTS
EACH

EXPLORE YOUR COMMUNITY

Get curious and explore some great places and activities in your community.

Downtown Spotlight - A Crafty Quest



Head downtown to ReMake and pick out \$5 in materials to make a craft inspired by the outdoors! Create something you can use outside or something that brings nature's magic indoors. CAO covers the cost, just bring your passport and your imagination. Tag us on social media or email your photo to samantha@comealiveoutside.com and win a special gift!



The MINT's ReMake: 72 Merchants Row, Rutland, VT • rutlandmint.org

Hometown Heroes

Dr. Charles Caverly was a super smart Rutland doctor who loved keeping his community healthy. In 1894, he discovered a strange sickness spreading through the area and became the first doctor in the United States to identify a polio epidemic! He spent his life teaching Vermonters how to stay healthy and prevent diseases. Dr. Caverly reminds us that even a small-town hero can change the world in a big way!

There's a statue of him in downtown Rutland at the corner of West St. and Church St. Stop by and say Hi!



Hometown Heroes Part 2

Who are YOUR Hometown Heroes? Collect signatures from the everyday heroes who make your world brighter!



Teacher: _____



Police Officer: _____



Firefighter: _____



Mail Carrier: _____



Your hero: _____

Who is this?

Local Library Leap

Hop over to your local library and discover something new! Ask the librarian or library staff, "How many toes do you have?"

Write the number here: _____

BONUS +1: Check out a book!

☐ Mark complete

EXPLORER CHALLENGE +2:

Describe the book below in 1 sentence!



Winter Reading Challenge at Rutland Free Library

Rutland Free Library is offering a Pre-Reader Challenge and an Independent Reader Challenge now through February 28, 2026. Sign up at the Front Desk any time during the challenge, but you must complete all 11 challenges to win a prize - a new book of your choosing from Phoenix Books in Rutland.



10 Court St, Rutland, VT
rutlandfree.org



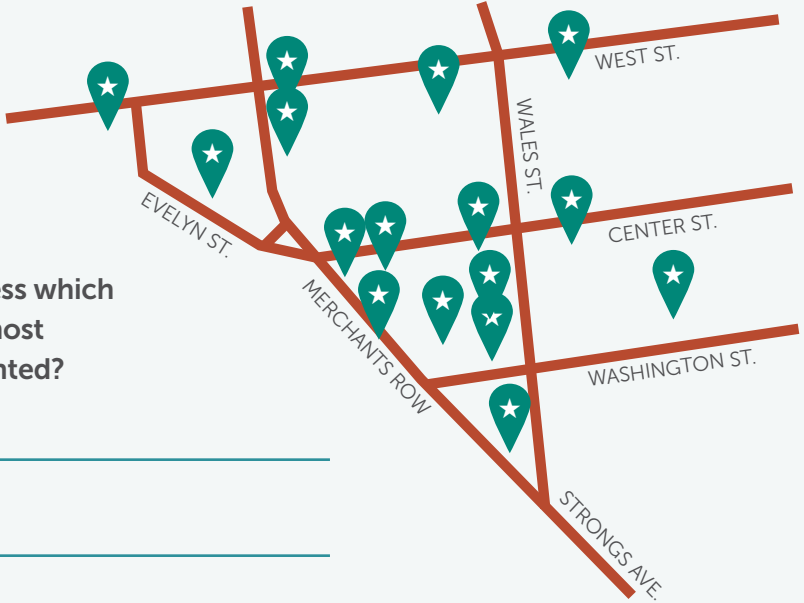
Magic Mural Mission

Head downtown for a winter stroll, and check out all of Rutland's magical murals. For a full map visit downtownrutland.com/murals



BONUS +1:

Can you guess which mural was most recently painted?



Discover Your Local Dojo



Vermont Martial Arts Academy
12 Merchants Row, Rutland VT
802-773-1373 • Ages 4yrs +

Discover your local dojo and kickstart your winter adventure. Did you know that martial arts can help you grow strong, stay focused, and build confidence. Use this passport activity to unlock a free month of martial arts classes at Vermont Martial Arts Academy. Reach out to schedule your first class today!





Rutland WINTER FEST



**FEB
20-24**

comealiveoutside.com/winterfest



Rutland

WINTERFEST

FEB
20-24

Here are some of the family activities taking place during winter break February 20-24, 2026. Go to comealiveoutside.com/winterfest for a complete list of Winterfest activities.

5 POINTS
EACH

Friday, February 20

- ☐ 10:00 AM–6:00 PM — West Rutland Ice Sculpting *(West Rutland Recreation)*
- ☐ 4:00 PM–5:00 PM — Kick-Off for Snow Sculpting & Winterfest

Saturday, February 21

- ☐ All Day — Snow Sculpting at Depot Park
- ☐ 8:30 AM–10:30 AM — Curling for Everyone *(Rutland Rocks Curling Club)*
- ☐ 10:00 AM–2:00 PM — Yeti, Set, Go Find *(Vermont Farmers Market)*
- ☐ 10:00 AM–2:00 PM — Cold Rolled Fatbike Fest *(DownValley Bikes & Ranch Camp, MTBVT)*
- ☐ 10:00 AM–3:00 PM — 7th Annual Vermont State Fair Snowmobile Festival

Sunday, February 22

- ☐ 10:00 AM–1:00 PM — Vermont Qualifier for the National Snow Sculpting Competition
Winners announced at 1:00 PM
- ☐ 10:00 AM–1:00 PM — CAO Gear Library Shed
- ☐ 11:00 AM–1:00 PM — Chili Cook-Off
- ☐ 11:00 AM–1:00 PM — Snowshoes + Crampons Demonstration
- ☐ 11:00 AM–1:00 PM — Poetry Jenga
- ☐ 1:00 PM–4:30 PM — Kids Human Foosball *(Carpenter & Costin + CAO)*
- ☒ 5:00 PM–8:00 PM — Adult Human Foosball *(Adults Only, Carpenter & Costin + CAO)*

Monday, February 23

- ☐ 10:00 AM–12:00 PM — Let's Get Crafty *(Little Red School House / Wallingford Rotary)*
- ☐ 11:30 AM–1:30 PM — Great Bigfoot Chase *(Rutland Free Library)*
- ☐ 2:00 PM–4:00 PM — Puzzle Palooza *(14+, Godnick Center)*
- ☐ 2:00 PM–4:00 PM — PJs at the Paramount *(Hosted by HFCU)*
- ☐ 6:00 PM–8:00 PM — Teen Video Game Night *(11+, Boys & Girls Club)*

Tuesday, February 24

- ☐ 3:00 PM–4:00 PM — Kids Yoga *(Parent Child Center)*
- ☐ 6:00 PM–8:00 PM — Center Street Sledding *(Hosted by Casella Waste + Casella Construction)*

FINAL COUNTDOWN

Now it's time to tally up your points!

MAKE YOUR OWN ADVENTURE

INVESTIGATE LOCAL PARKS

DISCOVER LOCAL FOODS

EXPLORE YOUR COMMUNITY

WINTERFEST

TOTAL POINTS:

FINAL CHALLENGE

You've explored, discovered, adventured and now there's just one more step! Scan the QR code to complete the **PASSPORT SURVEY** and score a special invite to the Scavenger Hunt of the Century!



With **OVER \$1000 IN PRIZES**, this is an event you don't want to miss! Electric Scooter, Forest Fort, Rad Raft, Amazon Gift Cards, and more! Come Alive Outside on a whole new level.

BONUS: Rack up the most points and unlock a mystery surprise — and yes, it's absolutely worth it!



THANK YOU SPONSORS



RUSS MARSAN



Chevy Abatiell
Bright Spark Counseling LLC
April Cioffi
Beth Carmody
Kristin Bogovich
Chris & Anne Briere
Thomas Burke
Pamela Burlingame
Victoria Covarrubias
Steve Costello
Nan and Tony Dubin/Masuck
Danielle Fagan
Kathleen Foley
Mark Foley
Sarah Graham
Wendy Herrick
Patricia Lancaster
Jeanette Langston

Kate LaBelle
Nora LaCroix
Emily Lewis
Randee Lindholm
Liz DiMarco Weinmann
Consulting L3C
Olivia Lyons
Vera McLeod
Liz Morton
Sarah Narkewicz
Ara Penny
Melissa Schroeder
Arwen Turner
Sarah Vooris
Sarah Walker
Savannah Watson
Bianca Zanella
Bethany Yon