



**COME ALIVE[®]
OUTSIDE**



RUTLAND COUNTY

**SUMMER
PASSPORT
2026**

THIS PASSPORT BELONGS TO:

NAME

SCHOOL

GRADE



Can you find all 5 Big Foot Prints scattered throughout this passport?



Explore the **FREE**
Come Alive Outside
Digital Passport app!



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ABOUT



Come Alive Outside is 501c3 nonprofit based in Rutland, VT. Our mission is to create awareness, intention and opportunity for people to live healthier lives by connecting with the outdoors and community. Thank you to all of the community partners who make this passport possible!

If you have questions, please contact us at:


✉ Samantha@comealiveoutside.com

Stay connected!

Follow us on Facebook and Instagram to share pictures and get updates!

 comealiveoutside.com

 [comealiveoutside](https://www.facebook.com/comealiveoutside)

 [comealiveoutside](https://www.instagram.com/comealiveoutside)

HOW IT WORKS

- 1 Explore and have fun!**
Passport dates June 15th, 2026 - August 31st, 2026
- 2 Earn points** with every activity and adventure!
- 3 Tally your points**, complete the Passport Survey at the end of this booklet and be entered to win Come Alive Outside Adventure Prizes!

Over \$1000 in prizes, including a Hover Board, Indoor/Outdoor Hanging Pod, Polaroid Camera and more! Keep your eyes peeled for more chances to earn prizes throughout your passport adventure!



BONUS: Rack up the most points and unlock a mystery surprise! Trust us.... it won't disappoint!



5 POINTS EACH

MAKE YOUR OWN ADVENTURE

Adventure can be found just about anywhere, even in your own backyard! These pages are full of activities you can do close to home.

Beauty and the Bug

Step outside and start your search for some of earth's smallest creatures! What bugs can you find crawling, flying, or hiding around you?

BONUS +1: Identify a bug you have never seen before and describe what it looks like below.



INITIAL WHEN DONE



The Amazing Race

Turn your outdoor space into the ultimate adventure course! Use items from around your home and yard like buckets, sticks, chalk, pool noodles, or anything else you can imagine, to build your very own obstacle course. Jump, crawl, balance, and race your way to the finish line!



BONUS +1: Time yourself on the course! Can you beat your own record? Or challenge a friend or family member to see who finishes fastest!

Bonus Completed


Kindness Rocks!


Use paint or chalk to decorate rocks with fun designs and positive messages then leave them for others to find.

BONUS +1: Keep track of where you hide your rocks and create a mini kindness map! Share your map with Come Alive Outside for a mystery prize!



Bonus Completed

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Backyard Ballad

Make music outside using sticks, leaves, buckets, or other homemade instruments and put on a show!

BONUS +1: Come up with a creative name for your band and share it below.



EXPLORER CHALLENGE +2: Write a short theme song about your (Bigfoot's) summer adventures. We want to hear about your song! Tag us on social media or send us an email for a chance to win a mystery prize! Bonus Completed

Critter Cabin

Create a tiny outdoor shelter for furry friends or small critters using materials you can find in nature.

BONUS +1: Make a tiny sign to welcome critters into your new cabin.

Bonus Completed

EXPLORER CHALLENGE +2: Return later to see if any critters moved in. Take a photo & tag us on social media or send us an email to win a mystery prize!

Explorer Challenge Completed



Super Stars!

Head outside and look up at the night sky. Can you spot a constellation?

BONUS +1: Create your own constellation! Poke holes in cardboard to make a star pattern, place it over a flashlight, and shine it onto the ceiling.

 Bonus Completed

EXPLORER CHALLENGE +2: Name your constellation and describe it below. _____



Magical Mystery Mud

Rainy or too hot to go outside! Create your own fun indoors with magic mud and discover a non-Newtonian fluid, that can't decide if it's solid or liquid! Simply blend 2 cups of cornstarch and 1 cup of water! Food coloring optional. Scan the QR code below for more details and ideas.





5 POINTS
EACH

INVESTIGATE LOCAL PARKS

On the following pages you will find intriguing trails from all over Rutland County. But don't forget your beautiful state parks! Contact us for free Vermont State Park passes.



EXPLORE VT STATE PARKS, EVENTS & OUTDOOR FUN!

Bigfoot Was Here!

Bigfoot is on the move! Did you spot signs of Bigfoot out in the wild? Take a picture and tag us online for a special Bigfoot prize and a chance to be featured on the next passport cover!



Saint Joseph's Cemetery

55 Stratton Rd, Rutland, VT

0.5 Miles

Stroll beneath towering trees, explore historic headstones, and enjoy the peaceful beauty of this hillside landmark.



Kent Pond

476 Vermont Route 100 N, Killington, VT

0.6 Miles

Wander the wooded trail around a sparkling pond while soaking in mountain views and fresh forest air.



Rutland Creek Path

Meadow Street, Rutland, VT

 **1-2 Miles**

Follow the flow of water through the heart of Rutland as you cross bridges, explore winding paths, and discover nature along the way.



Stone Meadow Park

350 Elfin Lake Beach Rd, Wallingford, VT

 **0.5 Miles**

Stroll across scenic boardwalks, spot local wildlife, and cross the historic footbridge to Elfin Lake.





5 POINTS
EACH

DISCOVER LOCAL FOODS

From farmers markets to fun food adventures, the following pages are full of tasty ways to explore your community!

Breezy Berries

Head outside this summer and enjoy a berry sweet adventure picking locally grown red/black raspberries and blueberries at Breezy Hill Berry Farm!



Open Daily July - August
8AM - 5PM
Breezy Hill Berry Farm
697 North Road
Castleton, VT
802-468-8948



INITIAL WHEN DONE



Snackable Scenery

Use fresh, edible ingredients to create a nature-inspired scene on a snack plate. Try making an animal or flower using fruits, veggies, crackers and even dressings!

BONUS +1: Enjoy your culinary creation outside!

Bonus Completed



Adventure Fuel

Create your own trail mix using snacks from home! Mix sweet, salty, crunchy, or chewy ingredients together to make the perfect snack for your next outdoor adventure.

BONUS +1: Give your trail mix a fun name!



Farmers Market Finds

Become an official Farmers Market Explorer and complete each challenge as you wander through the market! Stop by the Market Manager's Booth with your passport to pick up your free \$5 token. Keep your eyes open, ask questions, and see what fun treasures and tasty surprises you can discover along the way.



*Rutland Farmers Market
Depot Park
Every Saturday
10AM - 2PM*

- FIND: A farmer growing local food
- SPOT: Something handmade
- DISCOVER: The funniest-looking vegetable
- FIND: The most colorful booth
- SEARCH: A vegetable with seeds
- SPOT: A smiling vendor
- TRACK DOWN: A healthy snack
- LEARN: How one market item is made
- COUNT: How many different vegetables you can find: _____

BONUS +1: Try something new at the market and find out where it came from!

- Bonus Completed





Frozen Banana Peanut Butter Bites



Ingredients

♥ Made with WIC Foods

- 2 ripe bananas
- ½ cup peanut butter (smooth works best)
- 1 cup whole grain cereal, crushed (like toasted oats)
- Fresh strawberries or blueberries (optional)

Directions

- Peel and slice bananas into coin-shapes.
- Spread a small smear of peanut butter on one banana slice.
- Top it with another banana slice to make a “sandwich.”
- Roll each sandwich in crushed cereal.
- Add a thin slice of strawberry or a blueberry on top if you want!
- Use a dab of peanut butter as “glue” to help keep the fruit topping in place.
- Place on a tray and freeze for at least 2 hours.
- Enjoy cold!



Watermelon Pizza

Ingredients

♥ Made with WIC Foods

- Watermelon
- lowfat yogurt
- Blueberries
- Strawberries
- Raspberries
- Banana slices



Directions

- Slice watermelon about 2 to 3 inches thick and then cut into wedges.
- Spread a couple tablespoons of the yogurt on each slice.
- Top with preferred assortment of cut fruit
- Serve immediately

WIC provides healthy food, nutrition education, lactation support and community resources for eligible Vermont residents who are pregnant, breastfeeding/chestfeeding or have a child under age 5. Automatic eligibility with Medicaid or 3Squares participation.

Call 802-786-5811, visit HealthVermont.gov/WIC or scan the QR code to apply.

This institution is an equal opportunity provider.





5 POINTS
EACH

EXPLORE YOUR COMMUNITY

Adventure is waiting just around the corner, get out there and explore your community!

Rutland Spotlight - Courageous Climbing Quest

Ready to take your summer adventure to new heights? Bring your passport to Green Mountain Rock Climbing Center and enjoy a free day of climbing courtesy of Come Alive Outside. Try something new, build confidence, and discover the art of climbing.

BONUS +1: Make it to the top of 1 climbing route.

Bonus Completed



Green Mountain
Rock Climbing Center



223 Woodstock Ave. | Rutland, VT

Hometown Heroes

Ann Story was one of Vermont's earliest settlers and a real-life Revolutionary War hero. Living alone on a farm in Rutland during the late 1700s, she became known for secretly helping Ethan Allen, the Green Mountain Boys, and other patriots during dangerous times. Ann provided food, shelter, and important information while British loyalists were nearby, risking her own safety to support the fight for American independence. Though she was not a soldier, her story became a symbol of how everyday Vermonters, especially women, helped shape history behind the scenes. There is a statue of her in downtown Rutland on the corner of Cottage and West St. Stop by and say hi!



Hometown Heroes - Special Delivery

Our mail carriers work hard every day to deliver letters, packages, and smiles all across the community! Create a drawing, write a thank-you note, or make a small craft to show your appreciation. Then leave the surprise in your mailbox for your local mail carrier to discover during their route!



Dewey Decimal Detectives

A secret book is hidden somewhere in the Rutland Free Library... but only true explorers can find it! Solve the math equations to reveal the Dewey Decimal code, then search the shelves for the mystery book. Bring it to library staff to complete your quest!

What is the 10th letter of the alphabet? _____

What is $3 + 2$? _____

What is $12 \div 2$? _____

What is $13 - 6$? _____

What is 3×3 ? • _____



Summer Reading Challenge at Rutland Free Library



Rutland Free Library is offering a reading challenge for kids, teens and adults now through August 31, 2026. Sign up at the Front Desk any time during the challenge and complete every activity to claim your prize. Don't miss the opportunity to unearth a story this summer!



10 Court St, Rutland, VT
rutlandfree.org



Story In The Woods

Head into the woods and explore these ongoing story adventures..... You may even discover a few surprises along the way!

- Wallingford Book Path at Homer Stone Meadow Park
- Rutland CAO Forest Tale at Pine Hill Park - Lower Giorgetti Trail
- Middletown Springs Library Book Walk at the library & elementary school



INITIAL WHEN DONE



Ready, Set, Roll!

Kids Bowl Free all Summer!

Vermont summers fly by, but finding indoor, air-conditioned activities that don't break the bank can be a challenge. The Kids Bowl Free program is our way of giving back to Rutland families, providing a fun environment for kids to stay active when it's too hot (or rainy) outside. Registered kids receive 2 FREE GAMES of bowling every single day during our eligible summer hours from 5/04 -9/25! *(Shoe rental not included)*



GET YOUR STAMP



Ready to Roll? Want more info? Scan the QR code to register today!

**Rutland Bowlerama | 158 S Main St, Rutland, VT
802-773-7707**



FINAL COUNTDOWN

Now it's time to tally up your points!

MAKE YOUR OWN ADVENTURE

INVESTIGATE LOCAL PARKS

DISCOVER LOCAL FOODS

EXPLORE YOUR COMMUNITY

TOTAL POINTS:

FINAL CHALLENGE

You've explored, discovered, adventured and now there's just one more step! Here is your chance to end this passport season on a high note! So sing it loud!



Scan the QR code to complete the **PASSPORT SURVEY** and score your chance to **WIN SOME AWESOME COME ALIVE OUTSIDE LOOT!**

Including a Hover Board, Polaroid Camera, Indoor/Outdoor Hanging Pod, and more!

BONUS: Rack up the most points and unlock a mystery surprise — and yes, it's absolutely worth it!

THANK YOU SPONSORS



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